



**YMCS Information Pack  
Season 12  
2017-2018**

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## Introduction and Competition Teams

We would like to thank you for showing an interest in being a part of the YMCS family for the 2017-2018 season. Please take time to read the information pack to ensure you fully understand the commitments involved in competitive all-star cheerleading.

YMCS have classes and competition teams for all ages and abilities from age 3+. Throughout the season we will be competing in several competitions as well as performing at events and galas , etc. If you are on a competitive team, you are expected to attend all designated competitions and other events. Athletes who are not on the competition teams will still have the opportunity to perform at events throughout the season, and re-tryout once they achieve required skills.

### 2017-2018 Cheer and Dance Competition Teams

<b>Squad</b>	<b>Age (from 31/08/17)</b>	<b>Tumble/Skill Requirements</b>
Mini Cheer Level 1 White Twinkles	8 years and younger (Year 2 - 4)	Forward roll, backwards roll, cartwheel, round-off, front and back walkover
Youth Cheer Level 1/2 Starlets	11 years and younger (Year 5 - 7)	Forward roll, backwards roll, cartwheel, round-off, front and back walkover
Junior Cheer Level 1 White Sparkles	11 years and younger (Year 8-10)	Forward roll, backwards roll, cartwheel, round-off, front and back walkover
Junior Cheer Level 2 Gold Stars Supreme	14 years and younger (Year 8-10)	As above, plus front handspring and back handspring
Senior Cheer Level 1 White Supernovas	12 years + (Year 8+)	Forward roll, backwards roll, cartwheel, round-off, front and back walkover
Senior Cheer Level 3 Black Eclipse	11 years + (Year 7 +)	As above, plus standing back handspring, punch front and round-off tuck
Mini Pom Dance Duchesses	8 years and younger (Year 2 - 4)	Right leg splits, left leg splits, box splits, Y stand, single pirouette, leaps and scorpion
Youth Jazz Sovereignty	11 years and younger (Year 5 - 7)	Right leg splits, left leg splits, box splits, leg turns, fouettes, back catch, switch leaps, front and back walkovers
Youth Pom Dance Princesses	11 years and younger (Year 5 - 7)	Right leg splits, left leg splits, box splits, leg turns, double pirouette, back catch, switch leaps, front and back walkovers
Junior Pom Dance Queens	14 years and younger (Year 8 - 10)	Right leg splits, left leg splits, box splits, leg turns, fouettes, back catch, switch leaps, triple pirouette, aerial
Senior Jazz Supremacy	12 years + (Year 8)	Right leg splits, left leg splits, box splits, leg turns, fouettes, back catch, switch leaps, triple pirouette, aerial
Senior Pom Dance Royalty	12 years + (Year 8+)	Right leg splits, left leg splits, box splits, leg turns, fouettes, back catch, switch leaps, triple pirouette, aerial

## 2017-2018 Stunt Group Competition Teams

<b>Stunt Groups</b>	<b>Age (as of 31/08/17)</b>	<b>Stunt Requirements</b>
Mini Level 1 White Twinkles	8 years and younger (Year 2 - 4)	Thigh stand, single leg thigh stand, prep, cradle, shoulder sit
Youth Level 1 White Sparkles	11 years and younger (Year 5 - 7)	Thigh stand, single leg smush level, prep, cradle, shoulder sit
Youth Level 2 Gold Starlets	11 years and younger (Year 5 - 7)	Single leg prep level, extension, straight ride basket, 1/4 cradle, barrel roll
Junior Level 1 White Sparks	14 years and younger (Year 8 - 10)	Prep level single leg (braced), prep, cradle, tick tock
Junior Level 2 Gold Stars Supreme	14 years and younger (Year 8 - 10)	Single leg prep level, tick tocks and switch ups, extension, straight ride basket, 1/4 cradle, barrel roll
Junior Level 3 Black Supreme	14 years and younger (Year 8 - 10)	Single leg extension, toe touch/pike/full basket, full up and full down, front full
Senior Level 1 White Shooting Stars	12 years + (Year 7+)	Prep level single leg (braced), prep, cradle, tick tock
Senior Level 2 Gold Galaxy	12 years + (Year 7+)	Single leg prep level, tick tocks and switch ups, extension, straight ride basket, 1/4 cradle, barrel roll
Senior Level 3 Black Eclipse	12 years + (Year 7+)	Single leg extension, toe touch/pike/full basket, full up and full down, front full
Senior Level 4 Maroon Momentum	12 years + (Year 7+)	Double down, tick tock low to high (minimum 2 stretches) switch up single leg extension, kick twist basket

**Whilst we encourage all cheerleaders to have the above skills for the new season, we take into consideration that some will still be working towards them.**

We will be holding level specific tumble classes and workshops for people who are in the competition teams which will be compulsory for them to attend.

In addition to the compulsory tumble classes we will also be holding open gyms which will be available for all ages and levels throughout the season.

**If you are wanting to be a flyer you MUST have the following stretches:  
Both leg splits, Heel stretch, Arabesque, Scale and Scorpion on both legs  
(All examples can be found on our website)**

It is compulsory for your cheerleader to be in their own age category for the competition team. However, they may be invited to join an older age category as well as their own. This will incur paying the standard monthly payment. Any additional cheer competition teams they are in will be charged at a reduced price for training.

The fees are worked out on a 4 week basis of 11 payments which is 44 weeks in total. Please find below a breakdown of fees and due dates. For convenience, we chose to charge fees monthly all of which are due on the 1st of every month.

## Monthly Fee Breakdown

<b>Date:</b>	<b>Any 1 hour sessions</b>	<b>Any 1 and a half hour sessions</b>	<b>Cheer or Pom (Comp Team) - 2 hour session</b>	<b>Cheer or Pom (Comp Team) - 3 hour session</b>
SEPT 1st 2017	£14	£21	£22	£25
OCT 1st 2017	£14	£21	£22	£25
NOV 1st 2017	£14	£21	£22	£25
DEC 1st 2017	£14	£21	£22	£25
JAN 1st 2018	£14	£21	£22	£25
FEB 1st 2018	£14	£21	£22	£25
MAR 1st 2018	£14	£21	£22	£25
APR 1st 2018	£14	£21	£22	£25
MAY 1st 2018	£14	£21	£22	£25
JUN 1st 2018	£14	£21	£22	£25
JUL 1st 2018	£14	£21	£22	£25

Please be aware that any late fees may incur a charge. There is no monthly payment on the 1<sup>st</sup> of August however this can be carried over for the following season if you wish. Please note that there is discount added for the more routines you are in within the same category.

First Cheer	Full Price	First Dance	Full Price
Second Cheer	£15	Second Dance	£15
Third Cheer	£10	Third Dance	£10

### How long each technique class or competitive class will be

All two and three hour classes include one of the one hour technique classes for example Junior 2 cheer is a 3 hour session but only two hours long so the athlete then must attend an ability appropriate tumbling class. If the athlete is in two cheer routines then they will attend an additional technique class either flyer flexibility or conditioning.

<b>1 hour</b>	<b>1 and a half hour</b>	<b>2 hour classes</b>	<b>3 hour classes</b>
Tiny Tumble/Dance	Tiny pom comp	Mini pom comp	Youth pom comp
Mini, youth, Junior and senior dance technique	Grade 2 and above ballet and tap	Mini 1 cheer comp	Youth jazz comp
Pre primary and primary ballet and tap		Senior Pom comp	Youth 1/2 cheer comp
All level tumble		Senior 1 cheer comp	Junior pom comp
All stunt groups			Junior 1 cheer comp
Flyer flexibility class			Junior 2 cheer comp
Athlete Conditioning			Senior jazz comp
Cheer fit adults			Senior 3 cheer comp

## Competition Team Entry Fees

Team	Comp Fees For the Year	Price Per Month For 6 months	Competitions
Tiny Pom	£20	£3.50	ICE
Mini Cheer Level 1	£55	£9.50	ICC, ICE, Battle of Champions
Mini Pom	£55	£9.50	FC Circus, ICE, Battle of Champions
Youth Jazz	£60	£10.00	FC Circus, BCA
Youth Pom	£60	£10.00	FC Circus, BCA
Youth Cheer Level 1	£65	£11.00	ICC, BCA, Battle of Champions
Junior Cheer Level 1	£60	£10.00	ICC, BCA
Junior Pom	£65	£11.00	FC Circus, BCA, Battle of Champions
Junior Cheer Level 2	£100	£17.00	ICC, BCA, FC internationals
Senior Cheer Level 1	£35	£6.00	ICC, Battle of Champions
Senior Jazz	£105	£17.50	FC Circus, BCA, Battle of Champions, FC International
Senior Cheer Level 3	£105	£17.50	ICC, BCA, Battle of Champions, FC internationals
Senior Pom	£100	£17.00	FC Circus, BCA, FC Internationals
Mini Stunt Level 1	£35	£6.00	ICC, ICE
Youth Stunt Level 1	£55	£9.50	ICC, BCA
Youth Stunt Level 2	£55	£9.50	ICC, BCA
Junior Stunt Level 1	£55	£9.50	ICC, BCA
Junior Stunt Level 2	£70	£12.00	BCA, FC internationals
Junior Stunt Level 3	£70	£12.00	BCA, FC internationals
Senior Stunt Level 1	£55	£9.50	ICC, BCA
Senior Stunt Level 2	£70	£12.00	BCA, FC internationals
Senior Stunt Level 3	£70	£12.00	BCA, FC internationals
Senior Stunt Level 4	£70	£12.00	BCA, FC internationals

**All competition fees MUST be finalised by the 1st February, there is a slight fee increase for monthly payments.**

**If your athlete is in more than one age category at the same competition please contact the coaches for alternative pricing for crossovers.**

## Payment Information

For fees and competition fees paying monthly please set up a standing order of the appropriate amount through your bank account.

HSBC Bank Details are as follows:

**Account name:** Yorkshire Martyrs Cheerleading Club

**Sort code:** 40-13-41

**Account no:** 40093807

**We offer sibling discount of 10% off of your club fees once calculated altogether and a further 5% for an additional sibling, this does not include discount on competition entry fees.**

**Athletes chosen for any competition teams will have to pay a standard £15 fee per family for music as we will be getting these composed professionally.**

**We also offer Solos and Duets throughout the season, they will be subject to coaches choice and decision based on effort and ability.**

Our season calendar for the 2017-18 season will be as follows

<b>Term 1</b>	September 3rd - December 21st
<b>Term 2</b>	January 3rd - March 22 <sup>nd</sup>
<b>Term 3</b>	April 9th- July 31st

**The only time we do not train is Christmas and Easter holidays.  
We still train on bank holiday Monday's unless otherwise stated.**

Please see below a detailed breakdown of individual dates we intend to train throughout this season.

Please note these may be subject to change depending on venue availability or if we have a competition but you will be notified ASAP. Where this happens, we will be offering a replacement session so you will not be losing out on your monthly fees.

Once again we are not training in August, so you will need to stop your standing order for the month or alternatively, keep it going and pass over for the next season as some people found easier this year. Please let Tracy know what you intend to do with your August Fees.

## Monthly Training Dates

*As you can see below we have detailed EVERY planned training date for the season ahead and the planned competitions are below so please use these before planning any holidays or trips.*

<b>Month</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Sunday</b>
<b>September</b>	4th, 11th, 18th, 25th	5th, 12th, 19th, 26th	6th, 13th, 20th, 27th	7th, 14th, 21st, 28th	3rd, 10th, 17th, 24th
<b>October</b>	2nd, 9th, 16th, 23rd, 30th	3rd, 10th, 17th, 24th, 31st	4th, 11th, 18th, 25th	5th, 12th, 19th, 26th	1st, 8th, 15th, 22nd, 29th
<b>November</b>	6th, 13th, 20th, 27th	7th, 14th, 21st, 28th	1st, 8th, 15th, 22nd, 29th	2nd, 9th, 16th, 23rd, 30th	5th, 12th, 19th, 26th
<b>December</b>	4th, 11th	5th, 12th, 19th	6th, 13th, 20th	7th, 14th, 21st	3rd, 10th, 17th
<b>January</b>	8th, 15th, 22nd, 29th	9th, 16th, 23rd, 30th,	3rd, 10th, 17th, 24th, 31st	4th, 11th, 18th, 25th	7th, 14th, 21st, 28th
<b>February</b>	5th, 12th, 19th, 26th	6th, 13th, 20th, 27th	7th, 14th, 21st, 28th	1st, 8th, 15th, 22nd	4th, 11th, 18th, 25th
<b>March</b>	5th, 12th, 19th	6th, 13th, 20th	7th, 14th, 21st	1st, 8th, 15th, 22nd	4th, 11th, 18th, 25th
<b>April</b>	9th, 16th, 23rd, 30th	10th, 17th, 24th	11th, 18th, 25th	12th, 19th, 26th	15th, 22nd, 29th
<b>May</b>	7th, 14th, 21st, 28th	1st, 8th, 15th, 22nd, 29th	2nd, 9th, 16th, 23rd, 30th	3rd, 10th, 17th, 24th, 31st	6th, 13th, 20th, 27th
<b>June</b>	4th, 11th, 18th, 25th	5th, 12th, 19th, 26th	6th, 13th, 20th, 27th	7th, 14th, 21st, 28th	3rd, 10th, 17th, 24th
<b>July</b>	2nd, 9th, 16th, 23rd, 30th	3rd, 10th, 17th, 24th, 31st	4th, 11th, 18th, 25th	5th, 12th, 19th, 26th	1st, 8th, 15th, 22nd, 29th
<b>Total</b>	<b>44</b>	<b>44</b>	<b>44</b>	<b>44</b>	<b>44</b>

As the competition schedules cannot be predicted in advance we intend to train all competition weekends however where training is cancelled due to a competition the cheerleader will be offered the equivalent hours in an alternative class e.g. extra training, tumble, dance or individuals with one of the coaches where necessary.

## **Absence Policy 'The Three Strike Rule'**

As it is a team sport, it is really difficult to train when the whole team isn't there. If one person is missing, it dramatically effects training for everyone else, therefore we have a very strict 3 strike rule. If you sign the membership form you agree to this rule that if you miss 3 training sessions prior to competition, you lose your place for the competition without any refund.

It is compulsory that your cheerleader is at training 3 weeks prior to any competition or their place will be given immediately to a reserve member. If your athlete for any reason isn't able to attend one of these vital sessions, they will be taken out and no refund will be given for any cost payments.

If the cheerleader is in hospital or out of the country and cannot make training, this is understandable, we do take into account individual circumstances beyond your control.

Holidays planned up to 3 weeks before an athlete competes will be an automatic replacement regardless of previous attendance.

The cheerleader only gets 3 strikes so please use them wisely!

Minor illness, injury and other events (e.g., parties, family meals, appointments), will incur a strike if the cheerleader is not there, if a cheerleader is able to attend the class and spectate they should be there as they will be aware of any changes taking place for when they are fit enough to train.

Last season this rule was taken too lightly by too many team members therefore this year is will be implemented very strictly.

**Again please make sure that your cheerleader does not book any school trips or holidays 3 weeks prior to competition which will affect their training. If this is the case they will not be able to compete and a reserve will be put in their place.**



## Competitions

Please note that all above information is subject to change at the coaches or Event Providers discretion. This could be due to over subscription of the event or a routine not being able to attend but is rare.

Competition	Location	Date	Routines	Spectator Tickets TBC
<b>ICC Northern Championships</b>	Norbreck Castle Hotel, Blackpool, FY2 9AA	Saturday 20 <sup>th</sup> - Sunday 21 <sup>st</sup> January 2018	<b>Saturday</b> Session 1 - Mini & Youth Cheer Solos/Duos, Group Stunt Session 2 - Junior Cheer, Solos/ Duos, Group Stunt <b>Sunday</b> Session 3 - Tiny, Mini & Youth Dance Solos / Duos Session 4 - Junior Dance Solos/Duos Session 5 - Senior Cheer, Dance & Cheer Solos/Duos, Group Stunt	£10 per session
<b>Future Cheer Circus Spectacular</b>	English Institute of Sport, Sheffield, S9 5DA	Saturday 3 <sup>rd</sup> - Sunday 4 <sup>th</sup> March 2018	Mini Pom Youth Jazz & Youth Pom Junior Pom Senior Jazz & Senior Pom Solos and Duets	Adult 1 Day Pass £20 Child (Under 12) 1 Day Pass - £10 Under 5 – Free
<b>BCA Super Classics</b>	Metro Radio Arena, Newcastle, NE4 7NA	Saturday 26 <sup>th</sup> - Sunday 27 <sup>th</sup> May 2018	Youth Jazz & Youth Pom Youth Cheer level 1/2 Junior Pom Junior Cheer level 1 & level 2 Senior Pom & Senior Jazz Senior Cheer Level 3 Youth Stunt Level 1 & 2 Junior Stunt level 1, 2 & 3 Senior Stunt Level 1, 2, 3 & 4	TBC
<b>ICE Summer Meltdown</b>	Leeds Beckett University, Leeds, LS16 5LF	Saturday 9 <sup>th</sup> - Sunday 10 <sup>th</sup> June 2018	Tiny Pom Mini Cheer Level 1 Mini Pom Mini Stunt Level 1	£7.50 Per Adult £3.50 Per Child (age 4-11) Before 1st April
<b>Battle of Champions</b>	Peterborough Arena, Peterborough, PE2 6XE	Saturday 16 <sup>th</sup> June 2018	Mini Pom Junior Pom Senior Jazz Mini Cheer Level 1 Youth Cheer Level 1/2 Senior Cheer Level 1 Senior Cheer Level 3 Coed	£10 per session before 25 <sup>th</sup> November
<b>Future Cheer Internationals</b>	Bournemouth International Centre, Bournemouth, BH2 5BH	Friday 6 <sup>th</sup> - Sunday 8 <sup>th</sup> July 2018	Senior Pom Senior Jazz Junior Cheer level 2 Senior Cheer Level 3 Junior Stunt level 2 & 3 Senior Stunt Level 2, 3 & 4	TBC

## Additional Competition Information

We DO NOT organise accommodation for competitions through the team but it is highly advised for you to stay over the night before a competition and book hotels in advance to save on expense. Some competitions require the cheerleaders to be at the venue from 6am and can finish after 11pm. We do try to keep the competitions as close to us as possible so it is convenient for travel, we do understand however that not all parents drive so if this is the case we try to car share where possible. If there is a particularly large amount of non drivers going to a competition we will organise a minibus at a cost of approximately £15 per person. This season we will be helping organise Bournemouth Internationals accommodation and travel. Please be aware we attend this comp from Thursday evening until Monday evening as it is a substantial distance. There are options for you to attend for a shorter period but more information will be given out throughout the season.

Each cheerleader will require a team competition outfit for cheer and for dance which they must purchase, we aim to organise some fund raising events to help towards the cost of these.

- Cheer uniforms this season will be new from Mini-Senior and approximately £80-£100 (£160 for senior 3)
- All pom dance and jazz outfits will be between £40-£80.

As the cost of the outfits are quite substantial we suggest the cheerleaders get them as christmas gifts as they will need them before the first competition in January.

The Cheerleaders also require appropriate footwear for training and competitions.

The team try to keep cost down where possible and as the younger cheerleaders grow so fast we use a second hand (nearly new) policy where we sell things on at a discounted price benefiting both cheerleaders.

The team receive a detailed timetable from the event organisers two weeks before the competition so please be patient as we endeavour to get this to you as soon as we can but please see the provisional general schedule as a guide.

In accordance to attendance an incentive is provided for the cheerleaders, if they attend every session throughout the term, they receive a free 30 min private session with one of our coaches (usual price £10).

## Class Uniform

At YMCS we like to have a family feel to our classes where everyone feels welcome and like they fit in therefore we have a uniform for all classes. We expect ALL athletes and coaches to adhere to the set uniforms in each class. As an incentive we have decided that the last session of the month for each competition class that if they have had perfect uniform throughout the month they may wear their own cheer/dance clothing on the final week. However if one athlete has incorrect uniform this will not happen for any of the class and they must start fresh for the next month. Unfortunately this does not include ballet and tap classes. The uniform is as follows:

**Cheer Classes** - Black/YM shorts, any season YM t-shirt, YM vest, Maroon/Black bow, white trainer socks and Trainers

**Pom/Jazz Classes** - Black/YM Leggings, any season YM t-shirt, YM sports bra, Maroon/Black bow, Jazz shoes

**Ballet and Tap** - Lilac/Purple leotard, cardigan, pink socks or tights, (lilac bow for tiny and mini only) ballet and tap shoes

**Training bows must be with the athletes at all cheer, pom and jazz classes incase we are filming for promotional material.**

## YMCS Class Timetable 2017-2018

Monday	4.30- 5.00	5.00- 5.30	5.30- 6.00	6.00- 6.30	6.30- 7.00	7.00- 7.30	7.30- 8.00	8.00- 8.30	8.30- 9.00	9.00- 9.30
Room 1		Tiny Ballet, Tap, pom		Tiny Pom comp	Junior Cheer 1					
Room 2			Mini Pom		M/Y Dance Technique		Primary Ballet + Tap		Grade 3+ Ballet + Tap	
Room 3			Junior 1 & 2 Stunt					Grade 2 + Ballet and tap warm up	Grade 2 Ballet + Tap	
Tuesday										
Room 1			Cheerfit Adults		Youth Jazz					
Room 2			Tiny Tumble Class		Mini Cheer Level 1		Level 1 Tumble Mini Youth			
Room 3			Mini 1 & Youth 2 Stunt				Junior Senior			
Wednesday										
Room 1			Level 2, Tumble		Youth Pom					
Room 2			Junior Pom				Senior Jazz			
Thursday										
Room 1			Flyer Flexibility and Condition		Strength & Condition		Junior + Senior Dance Technique			
Room 2			Pre Primary Ballet & Tap		Youth Cheer Level 1/2					
Room 3			Junior 3 Stunt		Senior 3 & 4 Stunt		Senior L1 & 2 Stunt			
Sunday										
St Columbas & Gym Club	Senior Pom	Alternate weekends							Senior Cheer Level 1	
Sunday										
Gym Club	Junior Level 2 Cheer				Level 3+ Tumble		Senior Level 3 Cheer			

Classes take place at

St.Columbas Primary School, Tong Street,Bradford BD4 9PY

Bradford Gymnastics Club, 77 Arthington Street, Bradford, BD8 8EY

## Team Merchandise

Garments, prices and availability subject to change throughout the season and orders may take up to 6 weeks to arrive. We also have a wide variety of team logo accessories available through ACE Designs.

Item	Price
Training spankies	£20 Child £22 Adult
Training vest	£16
Training crop	£20 Child £22 Adult
Training leggings	£25-£30
Training T-shirt	£15
Jazz Shoes	£14-£26
Full Sole with laces - Black	£14 (Tiny & Mini athletes)
Split Sole with laces - Black	£16 (Youth and Above)
Split Sole no laces - Black	£20 (Youth/size 1-5)
Split Sole no laces - Black	£23 (size 5+)
Split Sole no laces - Nude	£23 (Youth/size 1-5)
Split Sole no laces – Nude	£26 (size 5+)
Tiny and Mini Pom outfit	£45
Youth and Junior Pom outfit	£40-£50
Senior Jazz outfit	£40
Senior Pom outfit	£60-£80
Mini, Youth, Junior and Senior Cheer Uniform	£80-£100
Senior cheer uniform	£160
Metallic cheer laces	£2 (Junior/Senior)
Ballet Shoes	£10 (Tiny-Senior)
Tap Shoes - White	£16 (Tiny and Mini)
Split Sole Tap Shoes – Black	£32 (Junior and Senior)
Skirted Leotard	£14 (Tiny's only)
Leotard only	£10 (Mini/Youth)
Skirt only	£10 (Mini/Youth)
Cardigan only	£10 (Tiny/Mini/Youth)
Socks	£2 (Tiny/Mini/Youth)
Ballet Tights	£4 (Junior/Senior)
Leotard	£16 (Junior/Senior)
Cardigan only	£15 (Junior/Senior)
Tiny ballet and tap pack	£52
Mini/youth ballet and tap pack	£58
Junior/senior ballet and tap pack	£77

- Cheer Trainers - visit cheerworld or excel cheer websites for nfinity trainers



## Yorkshire Martyrs Cheerleading School

### Personal Details

Athlete Details	
Athlete Name	
Date of Birth	
School year at the start of the season	
School/College	
Address and Postcode	
Email Address	
Mobile Phone Number	
Emergency Contact Details	
Emergency contact name 1	
Relation to athlete	
Emergency contact number	
Email address	
Emergency contact name 2	
Relation to athlete	
Emergency contact number	
Email address	
Medical Information	
State any illness, allergies or medical conditions that we should be aware of.	
State any medication the athletes require that coaches need to be aware of	
Any previous/reoccurring injuries	
Past experience/current classes	
Please note any other dance, cheer or gymnastics classes you attend other than YMCS	
State any past experience of cheer, dance , etc.	

**£45 Membership - Date Paid \_\_\_\_\_ £15 Music Fee - Date Paid \_\_\_\_\_**

Only athletes on a competition team need to pay a 1 off fee of £15 per family.

Each cheerleader must pay a membership fee which will secure them a place on the squad.

This is due on the first session of the new season. If joining throughout the season this is due after the 1 week trial. Athletes receive, T-shirt, Crop (vest for males) and Shorts.

**Please indicate athlete dress size \_\_\_\_\_**

## Waiver form and Membership Agreement

Athlete Name \_\_\_\_\_

I understand that, in compliance with the Data Protection Act 1998, all efforts will be made to ensure that this information is accurate, kept up to date and secure and that it is used only in connection with the purpose and activities of the squad. Information will not be kept once a person is no longer a member of the squad. The information will be disclosed only to those members of the squad for whom it is appropriate.

When the athlete named above is taking part in any activity delivered by Yorkshire Martyrs or The Cheer and Dance Company and its staff, I agree to the following:

1. I waive any claim for any bodily injury, personal injury, or property damage against Yorkshire Martyrs Cheerleading School or The Cheer and Dance Company and its staff.
2. I understand that this waiver extends to injuries or property damage occurred by myself, my child or my family members.
3. I agree to treat all fellow cheerleaders/parents within the cheerleading community, with respect while representing Yorkshire Martyrs Cheerleading School, both at competitions and/or via social networking sites (e.g.: Twitter, cheer forums, Facebook , etc.)
4. I agree to always attend squad training sessions. In the event that I cannot attend any sessions, I will inform my coach/captain as soon as possible.
5. I understand that if I miss three sessions before competition or 1 session three weeks prior to competition, I agree that I will be removed from that competition with no refund.
6. I understand that cheerleading and dance are high risk activities and may from time to time incur minor injuries which the staff and Yorkshire Martyrs is not liable for.

**Medical Consent** - It may be essential at some time for the Squad Coach or Team Captain/Leader accompanying the athlete to have the necessary authority to obtain any urgent treatment which may be required whilst at training or a competition/event with Yorkshire Martyrs when a parent/guardian cannot be reached.

By signing this form you give permission for the Coach or Captain/Team Leaders to have the necessary authority on your behalf for any medical treatment recommended by competent medical authorities, where it would be contrary to my son/daughter's interest, for any delay to be incurred by seeking my personal consent.

**Photography Consent** - Yorkshire Martyrs may wish to take photographs, (individual and in groups) of Cheerleaders under the age of 18 during their membership of the squad. All photos will be taken for the promotion and benefit of the squad only and will not be passed to any third parties.

By signing this waiver you give consent to take and use these photographs.

Please note any footage of the teams routines require coaches permission to be posted on any personal social media.

**Acceptance of Rules and Policies** - All rules, policies and procedures can be found on our website handbook.

By signing this form you and your family agree to abide by all team rules and policies throughout your membership with the team.

Parent/Carer/Athlete (over 18 years) Signature: \_\_\_\_\_  
Date: \_\_\_\_\_

**Note: Please note that all correspondence with the team takes place through Email and our private Facebook group.**

**Once you are a member you will be required to email [info@ymcheerleadingsquad.co.uk](mailto:info@ymcheerleadingsquad.co.uk) and text 07464619939 with you/your cheerleaders name so we can add you to our mailing list and text group. Please also find us on Facebook, Instagram and Twitter.**